

What Can I Expect From More Muscle?

Significant Strength Gains. More Muscle targets Type II muscle fibers, the fibers with the greatest ability to increase in size and strength.

Perform Better, Longer. Enlarging Type II fibers enables you to increase your performance in events that include both short and long-term anaerobic activities.

Optimize Body Composition. If your goal is more muscle and less body fat, More Muscle, when integrated with a training program that includes both short- and long-term anaerobic activities, carves out the gains.

Maximize Muscle Size & Strength. By promoting satellite cells to become active muscle fibers you are essentially attaching new muscle fibers to the existing mature fibers you already own, making them bigger and stronger. While not every “stimulated” satellite cell becomes a mature muscle fiber, More Muscle demonstrably increases the number of cells that are stimulated, upping your odds for strength gains.

How To Take Our Products

Our products are specifically designed to be taken AFTER training. Here’s how you can optimize your PROGENEX experience:

ON TRAINING DAYS:

Take 1 serving of More Muscle first thing in the morning.

Take 1 serving each of Recovery and MoreMuscle within 30 minutes of training.

Take 1 serving of More Muscle first thing in the morning on rest days.

TO LEARN MORE PLEASE VISIT US AT:

PROGENEXUSA.com

PROGENEX®

1-87-PROGENEX

PROGENEX PRODUCTS

The Ultimate 1-2 Punch

On their own, PROGENEX Recovery and PROGENEX More Muscle products target a specific component of your training regimen. Together, they provide an unparalleled synergy that ensures optimum performance, no matter your sport

TO OPTIMIZE YOUR TRAINING GOALS,
YOU NEED TO DO THREE THINGS:

Train Regularly: To achieve any muscle gains, you must train. Pushing your muscles to the limit on a regular basis sets in motion a chain of activity that encourages muscle growth.

Recover Quickly: The first step is to take PROGENEX Recovery. Designed to reset the process that causes muscle fatigue, regular use of PROGENEX Recovery gets you back into training mode fast—usually within less than 24 hours.

Stimulate Satellite Muscle Cells and Nurture Muscle Fiber Development. Taking PROGENEX More Muscle immediately after training sends a powerful signal to your satellite muscle cells, which have already been “awakened” by your training session. The active ingredient, ProMyosyn, in More Muscle > stimulates satellite muscle cells, while our unique formulation of bioactive proteins and amino acid concentrations feed them. The result? More Muscle > can drive significant levels of growth, a claim that most hydrolyzed composite whey proteins can make, but not actually deliver.

Properly fed, your muscle fibers will become stronger, denser and more powerful than ever before. Which, in turn, creates optimal performance, no matter your sport of choice.

PROGENEX® RECOVERY

What Does Recovery Do?

PROGENEX Recovery resets the cause of muscle force-loss produced during training. In other words, while you are training, your muscle cells gradually lose their ability to generate a forcible contraction. Pushed to the limit, your muscles will not be able to forcibly contract at all. PROGENEX Recovery completely resets the process that causes force loss, so that you can perform again with maximum strength and force.

How Does Recovery Do It?

The bioactive peptides delivered by PROGENEX Recovery represent the only clinically proven supplement that can reset the root cause of muscle fatigue to its original baseline (or above) in hours, versus days. PROGENEX Recovery is a unique protein hydrolysate produced by a proprietary enzymatic treatment process methodology. In other words, when these proteins are hydrolyzed, or “cut”, into smaller pieces, the result is a unique peptide sequence that, when consumed, activates in the body and resets the cause of muscle force-loss at the cellular level.

What Can I Expect From Recovery?

Reach new goals faster. Taking PROGENEX Recovery immediately after training enables you to do it all again—sooner.

Optimize performance. No matter your training regimen, the ability to come back faster and go stronger means you'll perform better.

Optimize body composition. Getting back at it sooner enables you to put in more quality time building muscle and burning fat.

Get back in the game. PROGENEX Recovery is the only product that has the unique ability to get you back in the game—or into the game for the first time—with the best chance for success.

PROGENEX® MORE MUSCLE

What Does More Muscle Do?

More Muscle delivers significant strength gains. Nobody wants to spend hours of intense training and see nothing for it. More Muscle is a unique and unparalleled formulation that increases the protein content in Type II muscle fibers, the exact place where hypertrophic response occurs. Taking More Muscle immediately after training greatly enhances protein synthesis in these key Type II fibers and has been shown to demonstrably improve strength gains as compared to conventional whey protein isolates (WPI).

How much so? In a recent clinical trial in which individuals were given either a conventional WPI or More Muscle, after 12 weeks the individuals who took More Muscle doubled their upper and lower body strength gains.

How Does More Muscle Do It?

More Muscle is a unique combination of highly concentrated ingredients that, when combined, promote significant increases in muscle size and strength. Additionally, our formulation contains a full 20 percent more bioactive branched chain amino acids (BCAAs) than regular whey protein isolate. More important, the precise amount of additional BCAAs were not included blindly, but rather were carefully calibrated by reviewing the most recent scientific data.

Training, of course, is essential for building muscle. However, research in exercise science has shown that approximately 75-80% of the increases in muscle size that can be achieved are the result of stimulating satellite muscle cells to become active muscle fibers. And that is what PROGENEX More Muscle does.

Exclusive to PROGENEX More Muscle are bioactive cytokines, concentrated to clinically effectual levels that are, gram-for-gram, several hundred times more potent than any commercially available whey protein, these cytokines have been shown to stimulate a higher proportion of satellite cells **THAN ANY OTHER PRODUCT.**